

Exhibiting thru September 11, 2009

Photovoice: Break These Chains

Breaking Through the Stigma of Mental Illness
and Reaching the Other Side.

Reception Tuesday, Sept. 1, 4:00-6:00PM

Young adults from the TRACS Program (Transition Resources and Community Supports) of South Shore Mental Health invite you to view "Break These Chains", their personal outreach to help reduce the stigma and negative stereotypes that affect individuals living with mental health issues.

Photovoice is a unique blend of advocacy, self-discovery, and photojournalism involving the use of photography for social change. It invites groups of people who are rarely heard from to use cameras and accompanying narratives to record their lives and use this creative outlet to promote positive change in their lives and communities.

This exhibit focuses on the photographers' experiences of living with and overcoming mental health issues and the accompanying stigma. The images shown in this exhibit offer insight to the world as these young adults see and experience it. They hope the community will be moved by viewing the exhibit and that individuals will leave with more understanding and hope for those who combat these challenges.

South Shore Mental Health is a community resource providing mental health and substance abuse services throughout the South Shore, Southeastern Massachusetts and Cape Cod.

Photo: Up in Smoke by Patrick

A K I L L I A N G A L L E R Y

Mon. thru Fri. 10:00-2:00 or by appointment

For more information call 781-821-2222, ext. 2124

Restrictions may occur due to campus events scheduled in the gallery.

Massasoit Community College

Akillian Gallery, 900 Randolph St., Canton MA 02021.

www.massasoit.mass.edu