



In collaboration with The Art Cart and the American Parkinson's Disease Association

# *Smile through Art*

June 18 - August 4, 2016

Opening Reception: Saturday, June 25, 11:00 AM to 1:00 PM

## **A K I L L I A N   G A L L E R Y**



900 Randolph St., Canton, MA 02021, Hours: 9:00 – 4:00, or by appointment.  
*Restrictions may occur due to campus events scheduled in the gallery.*  
781-821-2222, ext. 2124 • [www.massasoit.edu/akillingallery](http://www.massasoit.edu/akillingallery)

*Did you know* ... the “inability to smile” is listed as a medical condition for various diseases? The Art Cart in Norwood, Massachusetts, specializes in spreading SMILEs and healing through art to these populations. They have combined a passion for medicine with a passion for art, to help various populations overcome their symptoms through creativity. The Art Cart has partnered with the American Parkinson’s Disease Association and brings confidence boosting art workshops to various locations throughout the state. Various art techniques are taught that help those suffering with Parkinson’s disease combat their gross and fine motor movements.

The “Smile Through Art” Exhibit showcases the work of Parkinson’s Artists from throughout the state. The various techniques we have explored and the story behind each piece will be put on display to show that with a positive mindset and a little bit of creativity any medical condition can be surpassed.

*The Program is overseen by Chief Smiling Officer and Owner of The Art Cart, Saba Shahid, M.S. Saba has her Masters in Biomedical Science and uses her passion for medicine to help those with Parkinson’s disease find happiness through art. Saba has over ten years of experience as an artist. She has also taken educational credits through the American Art Therapy Association. Saba is a Professor of Human Nutrition at Massasoit Community College and works for a healthcare company in the greater Boston area.*