

Yoga for Seniors

Fridays

1:00 PM to 2:00 PM

Multi Purpose Room

Field House at the Brockton Campus

Instructor: Pat Murphy



Schedule for FALL 2016

September 23, 30

October 7, 14, 21, 28

November 4, *, 18, *

December 2, 9, 16

**No class on November 11 and 25*

Please bring your Center for Lifelong Learning membership card to class.

Yoga for Seniors is a FREE drop in class for Senior Center Members.

For more information, contact the Center at 508-588-9100 x1695.

Weather Advisory- If Brockton Public Schools are closed due to weather, there will be no Yoga class held that day